

RUCH BECOMES THE TITLE SPONSOR OF THE URSYNÓW RACE ONCE MORE.

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The 9th Ursynów Race – RUCH for fitness is more than just a challenge for its participants. It is also great fun, a way of spending time with your family or friends, and excellent motivation for those who have not begun to run yet.

RUCH, the very name of which is associated with sports (*ruch* means “move” in Polish), wants to be with those who like spending their time actively. That is why we have decided to support the race, which is not only a sports festival, but it also contributes to establishing the community of runners. Each year an increasing number of runners, both professionals and amateurs, confirm their participation in the race, and they are supported by crowds of enthusiastically cheering supporters.

The Ursynów Race has been organized since 2007. 280 people started in the first edition. In subsequent years, the competition has grown to become one of larger medium distance races in the capital, praised by competitors.

This is the largest race organized in Ursynów, seventh in Warsaw in terms of the number of participants, and the fastest at the distance of 5 km. Participants break records regularly, both of the route and their own. In last year's edition of the Ursynów Race, the finish line was crossed by 1,828 runners. Among them there were employees of RUCH, who participated in a separate classification My Way Race for the Cup of the President of RUCH S.A. This year there will be even more of us.

You should be there with us!